

Recetas Con Miel



Cleansing Honey Facial Scrub

Stir

- A couple pinches of ground nuts
- 1 spoonful of honey.
- A squeeze of lemon juice.

The ground nuts act as a natural exfoliation agent; the lemon juice naturally brightens away blemishes and promotes faster skin growth through its natural acids; and the honey leaves your face smooth, toned and moisturized.

This honey face scrub recipe is perfect when you want to moisturize your face, smooth away blemishes and exfoliate your skin gently and naturally.